

Here is a great helper for people with diabetes!

Monavie & diabetes

It is said that Monavie is a great healer for a lot of illnesses and affections, but can Monavie heal or at least help against diabetes? Can diabetics really drink Monavie?

In the following, we will analyze some monavie & diabetes facts which, hopefully will lead to whether or not Monavie does mend diabetes. First, let's see what monavie and diabetes have in common. Well, the connection between the two is that monavie has a couple of ingredients that really hate diabetes.

Monavie & diabetes Fact No.1

Acerola Cherries, one of Monavie's ingredients, besides being very rich in minerals, vitamins and a powerful antioxidant, acerola cherries fight against diabetes for ages.

It is a well known fact that native people have long used acerola cherries for treating diabetes, among other affections. So, we could say Monavie - Diabetes 1-0 :)

[Cure diabetes](#)

Monavie & diabetes Fact No.2

The black chokeberry, or aronia as it is mostly known as, is so powerful that it can fight against cardiac diseases and even cancer. But does it help monavie against diabetes? Yes, it does. Aronia has in its components, important trace minerals and it has been used for a long time as an anti-diabetic food.

[Click here for a FREE bottle of acerola berry for people who want to lose weight](#)

[Get help in the battle against diabetes! Click here!](#)

Monavie & diabetes Fact No.3

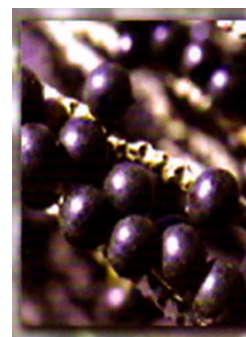
A close relative of the blueberries, the bilberry is known for its capacity to

strengthen the eye capillaries. Also, the bilberry is used in the process of slowing down the age related macular degeneration, night blindness and most importantly, it slows down diabetes related eye disorders.

Monavie & diabetes Fact No.4



Blueberries act as a great antioxidant, and are partially responsible for keeping us smart, young and healthy. Also, blueberries have a long history of being used against diabetes.



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Monavie & diabetes Fact No.5

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Pomegranate, another Monavie ingredient has more antioxidants than red wine, orange juice, green tea or cranberry juice.

It was a known fact that pomegranate is very effective in clearing plaque from inner arterial walls and recent studies show that pomegranate can be used with good results in combating diabetes (among many diseases).

Monavie & diabetes Fact No.6

Prunes are rich in minerals, phenols, and have an very high ORAC value. Their drying process increases their antioxidant powers by over 6 times!

It has been shown that prunes can be used to can prevent/treat diseases related to aging. Prunes can also be used for treating diabetes.

Monavie & diabetes Fact No.7

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Known as the "herb of longevity", the wolfberry contains a powerful combination of polysaccharides and antioxidants, which enhance the activity of the immune system.

Among the many health conditions that medicine has found wolfberries to help we will find diabetes.

Well, it looks like we have a clear winner in this Monavie & diabetes match, but we're not done yet. Maybe you're still wondering if diabetics can drink monavie and feel better. Maybe all that was said before still didn't convince you. This is why we will explore some more.

Monavie & diabetes Fact No.8



Because of its low Glycemic value which is 4 grams of naturally occurring sugar and 2 carbs per 1 oz., monavie won't spike your blood sugar levels and is safe for diabetics.

The next two facts are two questions that people just like you have asked. And the answers are in...

Monavie & diabetes Fact No.9

QUESTION:

Are diabetics able to take the MonaVie Active?

ANSWER:

Technically glucosamine is a carbohydrate. The body is not able to convert it into glucose so it does not provide additional sources of glucose. If you are a diabetic, check first with your doctor and always monitor your blood sugar. In diabetes, many factors can lead to changing blood sugar levels. Studies show glycosamine did not affect insulin sensitivity in humans. (Pouwels 2001)

Monavie & diabetes Fact No.10

QUESTION:

Are the Monarch products safe for Type I Diabetics?

ANSWER:

It is very rare for a Diabetic Type I to be overweight, and in this case, it is not infrequent for Diabetic Type I to be misdiagnosed as such and really be Diabetic Type II. Typically the shakes, bars, and vitamins can be used as snacks, although, as always, we recommend that you consult with your health care provider. With diabetes, it is always advisable to check sugar blood levels regularly, especially when you make any changes in diet.

And here is a testimonial of a diabetes & monavie case:

Monavie & diabetes testimonial



I am 27 years old, and my work includes having been a Bounty Hunter in Colorado for about 8 years. About 4 years ago, I noticed I was losing the feeling in my feet. Walking became increasingly difficult because the numbness was making it hard to balance myself. The doctor told me I had Type II diabetes and had probably had it for 5-6 years. I started drinking 'Acai Active Blend' on January 8th, 2005 and by March I had gained back almost all the feeling in my feet. Walking is natural and easy again, and my knees don't crack the way they used to.


I'm drinking a total of around 3 ounces a day. I'm also giving my 5-year-old daughter two ounces a day of the 'Acai Original Blend'. After about 6-8 weeks, I began noticing that she was much more calm and relaxed. She seemed to have a new sense of well being and serenity about her and was thinking things through before just acting on them as she'd done in the past. Even her teacher at school has commented and says Laree is now getting her work done on time, has much better concentration and is less aggressive on the playground. This product has made a dramatic difference in our lives, and I'll greatly appreciate it forever.

---Shaun Lawrence - Colorado

A little monavie & diabetes conclusion

In conclusion, can diabetics drink Monavie (acai juice)? Evidence shows that monavie does help against diabetes. Nonetheless, before taking monavie to treat diabetes and any other illness for that matter, see at least one doctor and ask him if its the case for monavie or not. Each diabetes case is different from another and although monavie usually defeats diabetes, you have to get a second opinion from your doctor.

I wish you all the luck and a great life from now on! Thank you for reading about monavie & diabetes!

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